

Senior Study Skills

- Castlehead S5 Attainment Academy
- Achieve Online Materials
- West OS Online Materials
- What is Retrieval Practice?



Work Hard Be Kind



The Attainment Academy

Every week, all S5 learners undertake 2 periods of additional support -
Monday periods 3 or 4 and Tuesday period 3

All learners are in an attainment class with a teacher from one of their
five SQA graded courses (e.g. Mon 3 – social subjects; Tue 3 – maths)

In this class, the attainment teacher will:

- ✓ Check Satchel One – feedback to Mr Dunlop and Pupil Support
 - ✓ Review the S5/6 assessment calendar
 - ✓ Share a revision strategy with the class
 - ✓ Support learners with subject specific questions/help
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Why?



Last year, many of our S5 learners said they would rather receive support with their attainment during S5.

They wanted to ensure they had the best grades possible and would undertake wider achievement opportunities in S6.
We have listened and responded!

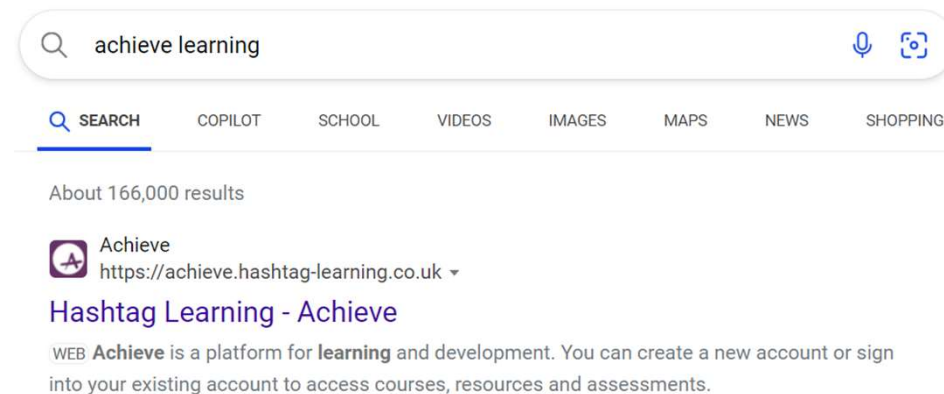


S4-S6 Online Learning



Achieving to Attain!

All S4-S6 learners at Castlehead High have access to an online resource site called Hashtag Learning - Achieve



letsachieve.co.uk



The screenshot shows the homepage of the website. At the top, there is a dark purple navigation bar containing the 'ACHIEVE' logo on the left and a menu with 'About ACHIEVE', 'Pricing', 'Support', and 'Sign Up' on the right. Below the navigation bar is a large blue hero section. On the left side of the hero section, the text reads 'ACHIEVE more at National 5 and Higher' in a large, white font. Below this, a smaller line of text says 'Take our free trial to discover why students and teachers have made ACHIEVE their learning, teaching and study tool of choice.' A dark purple button with the text 'SIGN UP' in white is positioned below the text. On the right side of the hero section, there is an illustration of four diverse people (two men and two women) interacting with digital devices. One man is standing and holding a tablet, another man is sitting on the floor with a laptop, and two women are sitting on the floor, one with a laptop and one with a tablet. A large smartphone graphic with the 'A' logo is positioned behind them. The background of the hero section features a large, faint 'A' logo.

Create a Student account

- use your Glow email and Glow password



Sign Up for Achieve

Which type of Achieve account would you like to sign up for?



Teacher

Create a teacher account



Student

Create a student account



Home User

Create a home user account

Which Achieve account is right for me?

Create a Student account



School Details

School

Castlehead High School

School Code

iUHNNPvs

Enter our school name and our School Code carefully.

(Watch for the capital letters!)



Choose your courses

National 5 Higher

National 5 Courses

- Accounting
- Administration and IT
- Applications of Maths
- Art and Design
- Biology
- Business Management
- Care
- Chemistry
- Computer Games Dev
- Computing Science
- Design and Manufacture
- Economics
- English
- French
- Geography
- Graphic Communication



1. Choose your subject.

2. Then click on learn

work Hard Be Kind



Leading **YOUR** learning

Identify an area of study **you** want to focus on.

For example:

- RUAE
- Use of repetition

The screenshot shows a learning management system interface. At the top, there is a dark blue header with the word 'Learn' and a help icon. Below this is a white bar with 'Higher English' and a user icon. The main content area has a horizontal menu with five options: 'Reading for understanding, analysis and evaluation' (highlighted in teal), 'Critical reading', 'Portfolio writing', 'Listening and talking', and 'Exam technique'. Below the menu is a dark blue bar with the text 'Analysing Language (Sentence Structure)'. The main content area lists several topics, each with a green speech bubble icon, a teal link icon, and a red document icon. The topics are: 'Explain and analyse the use of Repetition in a passage', 'Explain and analyse the use of Lists in a passage', 'Explain and analyse the effect of Sentence Length', 'Explain and analyse the effect of Inversion', 'Explain and analyse the effect of Contrast', and 'Explain and analyse the effect of Parenthesis'. Two red arrows point from the text on the left to the 'Reading for understanding, analysis and evaluation' button and the 'Explain and analyse the use of Repetition in a passage' item.

1. Read the revision notes.

2. Use an **ACTIVE retrieval strategy** to learn these notes.

- Mind map
- Create study cards
- Create a quizlet

The screenshot shows a digital revision note titled "The use of Repetition in a passage". The note is displayed in a light blue box with a white background. The text is as follows:

Repetition in a passage is where single words, or groups of words, are repeated. Repetition is often used to emphasise something, eg:

'There will be no opposition, no questioning of my authority, absolutely no answering back.'

Analysis:

- The word 'no' is repeated to emphasise the strictness of the speaker. She will not tolerate anyone disagreeing with her under any circumstances. (Enough for 1 mark – 0 for quoting and 1 for explanation)

At Higher, it's important to look at where the repetition occurs in a sentence. Also, it may not be a case of a repeated word or phrase, but a repeated structure. For example:

'At the moment, in the midst of this crisis, we have to think about: right and wrong; truth and lies; fear and bravery. We must realise that we will prevail...'

Analysis:

- In the middle of this sentence is a repeated, balanced structure of contrasting ideas in the form of a repetitive list.
- The writer's argument is also emphasised through a range of contrasting aspects of the crisis, using short monosyllabic words to emphasise how polarised the situation is and how difficult it is to navigate.

(This kind of comment/analysis, clearly related to the question, would be worth 2 marks for its detail and insight.)

Another example:

'Racism is a disease that spreads like cancer among the population of a host country. Racism is a wound that, if allowed to fester, could cause untold damage to human life. Racism is, without doubt, the greatest threat facing our society today.'

Achieve – Logging on



Our school access code is:

iUHNNPvs

Pupils should use their Glow email and Glow passwords too.

S4-S6 More Online Learning



West OS created a huge bank of online video resources.

These are accessed via Glow.

They provide further chances to revisit prior learning and develop knowledge of key topics.

A screenshot of the West OS online learning interface. At the top, there is a navigation bar with the text 'West OS / Senior Phase / Geography / Higher / Human Environments'. Below this, there is a section titled 'Folders (1)' containing a folder icon with a colorful ring and the label 'Population'. Underneath, there is a 'Videos' section with two video thumbnails. Each thumbnail features the 'e-sgoil' logo and a duration of '6m'. The first video is titled 'Population Distribution and Density (1)' and the second is 'Population Distribution and Density'. Both video titles include a Creative Commons license icon (CC).

S4-S6 Study Skills



Two study myths!

“I’m just re-reading my notes...”

“I’m highlighting key ideas...”

What is retrieval practice?



- Active
- Regular
- Collaborative
- Fun?

The most effective way to RETAIN information!



What are examples of retrieval practice?

- **Flashcards**: Using flashcards to test yourself on key concepts or vocabulary.
 - **Practice Tests**: Taking practice exams or quizzes to simulate real testing conditions. This helps to assess what you know and identify areas that need improvement.
 - **Spaced Repetition**: Reviewing information at increasing intervals over time.
 - **Retrieval-Enhanced Learning**: Reviewing material through **quick, frequent quizzes** rather than one large test.
 - **Summarising**: Writing summaries of what you've learned.
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What does this look like in real life?

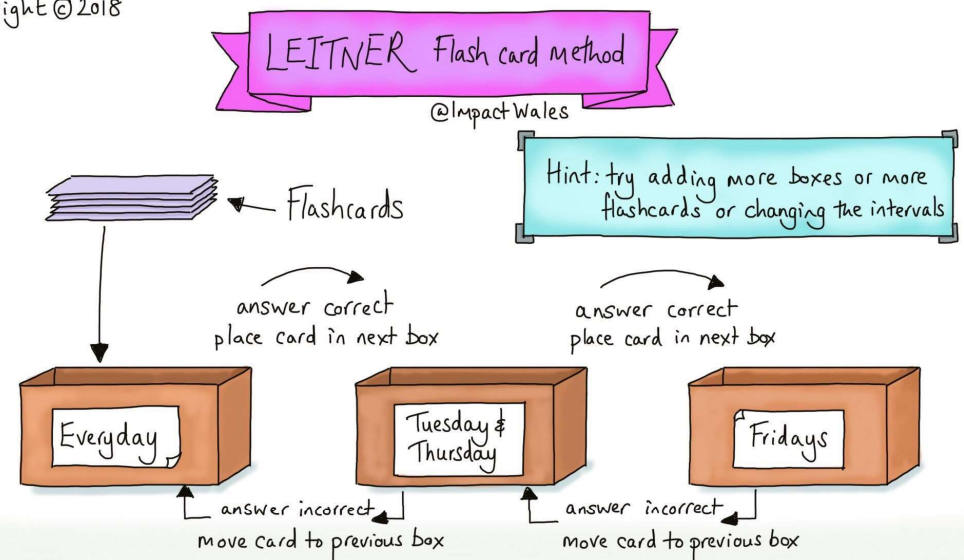
Lots of Flashcards

1 set per subject; organised into topics; filed in wallets/polypockets (You can buy these online but writing them is part of learning)

Spaced Repetition

Creating a monthly/termly/yearly study plan of revisiting prior learning (flashcards; mind maps; brain dumps; quizlet)

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An effective use of flashcards to prompt & recall learning using spaced practice proposed by Leitner in the 1970s. It focuses on the proficiency of recall of the learner. Information which is easily recalled has a longer time lapse before the next recall opportunity.

Studying can be creative!





	August	September	October	November	December	January	February	March	April	May	June	July
T 1										1		
F 2				1								
S 3				2			1	1		His WW1		
S 4		1		3	1		2	2		4	1	
M 5		2		4	2		3	3		5	2	
T 6		3	1	5	3		4	4	1	6	3	1
W 7		4	2	6	4	1	5	5	2	7	4	2
T 8		5	3	7	5	2	6	6	3	8	5	3
F 9		6	4	8	6	3	7	7	4	9	6	4
S 10		7	5	9	7	4	8	8	5	10	7	5
S 11		8	6	10	8	5			6	11	8	6
M 12		9	7	11	9	6			7	12	9	7
T 13		10					11	11	8	13	10	8
W 14		11	Phys - Waves		Phys - Waves				9	14	11	9
T 15		12						His WW1	10	15	12	10
F 16		13	His WW1		His WW1				11	16	13	11
S 17		14				Phys - Waves			12	17	14	12
S 18									13	18	15	13
M 19		Phys - Waves		Phys - Waves		His WW1		His WW1	14	19	16	14
T 20		17		19	17				15	20	17	15
W 21				20	18	15	19		Phys - Waves	21	18	16
T 22		His WW1		21	19	16	20			22	19	17
F 23		20	18	22	20	17	21	21	Phys - Waves	23	20	18
S 24		21	19	23	21	18	22	22		24	21	19
S 25		22	20	24	22	19	23	23		25	22	20
M 26		23	21	25	23	20	24	24	His WW1	26	23	21
T 27		24	22	26	24	21	25	25		27	24	22
W 28		25	23	27	25	22	26	26		28	25	23
T 29		26	24	28	26	23	27	27		29	26	24
F 30		27	25	29	27	24	28	28		30	27	25
S 31		28	26	30	28	25				31	28	26
S		29	27		29	26		30			29	27
M		30	28		30	27		31			30	28
T			29		31	28						29
W			30			29						30
T			31			30						31
F						31						

And if all else fails...

